I am seven years old.

You are seven years old.

He is seven years old. / She is seven years old.

We are seven years old.

They are seven years old.

テスト

You ( ) a girl.

He ( ) a boy.

I ( ) a girl.

We ( ) girls.

She ( ) a girl.

They ( ) boys.

現在行われている動作は「進行形」で表します。

進行形はbe動詞( is, am, are) +　~ing

I (am ) reading a book.

He ( ) reading a book.

They ( ) reading a book.

You ( ) reading a book